



An intensive, amplitude focused physical and occupational therapy for Parkinson's, pediatrics, and other populations.

- Research on **LSVT BIG** has documented improved mobility following treatment in:
 - Faster walking with bigger steps
 - Improved balance and reduced risk of falling
 - Increased trunk rotation
 - Improvements in activities of daily living such as bed mobility
 - Improved UPDRS Motor Score
 - Improved multi-tasking with walking
- **LSVT BIG** is a standardized treatment protocol that is customized to the **unique goals** of each individual. **LSVT BIG** can be adapted or progressed to meet each patient's needs across a range of disease severity and impairments. The goal of LSVT BIG is to restore normal movement patterns in everyday activities.
- **LSVT BIG** treatment always consists of:
 1. Large amplitude exercises for the whole body
 2. Personalized functional skills practice
 3. 16 sessions, 4 consecutive days a week for 4 weeks
 4. 60-minute one-on-one therapy sessions
 5. Daily home exercise practice
- It is essential that **LSVT BIG** treatment is only delivered by physical and/or occupational therapists who are certified in this method.
- Prescription for **LSVT BIG** therapy should include "PT and/or OT evaluation and treatment".
 - "LSVT BIG" is not required on the prescription but is recommended
 - You can locate LSVT Certified Clinicians at www.lsvtglobal.com using the "Find LSVT Clinicians" button at the top of the page.



LSVT LOUD is a highly effective, evidence-based speech therapy that improves communication and quality of life for Parkinson's, Pediatrics, and other populations.

- Scientifically validated over the last 30 years with research funding from the National Institutes of Health and other organizations, **LSVT LOUD** is the only speech treatment with level one evidence for people with Parkinson's. Published outcomes on **LSVT LOUD** have documented:
 - Increased vocal loudness
 - Improved articulation and speech intelligibility
 - Improved intonation
 - Improvements in facial expression
 - Changes in neural functioning related to voice and speech
- **LSVT LOUD** is a standardized treatment protocol that is customized to the unique communication goals of each client. **LSVT LOUD** can result in improvements in clients across a range of disease severities and communication impairments.
- **LSVT LOUD** treatment always consists of:
 1. 16 sessions, 4 consecutive days a week for 4 weeks
 2. 60-minute one-on-one therapy sessions
 3. Daily homework and carryover exercises
 4. Personalized communication activities and goals
- This dosage is consistent with principles of neuroplasticity and proven by years of research. It is essential that **LSVT LOUD** treatment is only delivered by speech-language pathologists who are certified in this method.
- Prescription for **LSVT LOUD** therapy should include "SLP evaluation and treatment."
 - "**LSVT LOUD**" is not required on the prescription but is recommended
 - You can locate LSVT Certified Clinicians at www.lsvtglobal.com using the "Find LSVT Clinicians" button at the top of the page.

*Note: **LSVT LOUD** is the only product name associated with these evidence-based and highly effective treatments.*

